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RESEARCH PAPER

Public Attitude, Belief & Behavior Pattern towards Lockdown

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ABSTRACT

Study consists of understanding optimal lockdown policy in the view of people from Mumbai city. Specifically, we consider the public perception towards Indian government imposed early strict lockdown policy. In this cross-section study, questionnaire was administered to Mumbai city's population between 10 June to June 24, 2020 (a two-week period). Respondents were above 18 years of age, eligible to fill the online survey with co-ordeal of demography i.e. age, gender, employment status and currently residing zone. Respondents were evaluated on three main factors i.e. Attitude of people towards lockdown, adherence of Behavior of wearing mask and following social distancing rules & Belief on government who imposed lockdown policy. Result show that there is broad supportive attitude of people towards lockdown, and commitment to COVID-19 public health recommendations indicate that protecting the health and controlling the disease is public priorities amid this pandemic, despite the daily-life disruption and adverse economic impacts. As finding shows supportive belief towards lockdown might inform reopening policies and the timelines and restriction levels of these Lockdown.

Major adherence to recommendations to wear MASK and SOCIAL DISTANCING guidelines are of public health importance. Conclusion suggested periodic assessments of public attitudes, behaviors, and beliefs have important implications for future planning if subsequent outbreak waves occur and if additional periods of expanded lockdown efforts are necessary to prevent the spread of COVID-19 and save lives. This ultimate aid for policymakers and government grappling with the decision as to when to lift restrictions.

Keywords: - Lockdown, COVID-19, Pandemic, Attitude, Behavior, Belief.

INTRODUCTIO

The COVID-19 outbreak has rapidly and drastically affected the livelihoods of millions of people around the world. Several countries began implementing strict self-isolation measures (e.g. school closure, stay-at-home) to slow down contagion. Social distancing is vital to mitigate the spread of the novel coronavirus. Prime Minister

Narendra Modi announced the 1.0 lockdown on March 24, 2020, giving the country and its 1.3 billion people another 2.0, 3.0 and 4.0 lockdown significantly. This was done by invoking the National Disaster Management Act, 2005. The effectiveness of these measures depends entirely on citizens' compliance, which may be affected by many factors, such as risk awareness, rules clarity, penalties for transgressions, trust towards public authorities, and the severity of the isolation costs.

In this paper, we tracking primary data sourced from population to analyze the effectiveness of

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social distancing policies and show whether people adhere to these orders. Survey consist of 200 sample size from Mumbai city population (12 Million 4 Lakh – 2011 census) with Confidence level 95% and confidence interval of 6.9. To understand people perception towards mitigation strategies, we conducted online survey with respondents above 18 years age. The questionnaire was in 4 section, demographic variables like age, gender, employment status and current residing zone. To understand Attitude, we incorporated question about public' looking frame towards overall lockdown policy. Their trust on government and policies to mitigate spread of COVID-19, and their awareness and acceptance towards self-isolation majors. Study also incorporates test statistics to find significance with demographic variable with attitude, behavior and belief of people of Mumbai city.

Human history has witnessed the top of the death toll due to epidemic diseases alongside wars and natural disasters. [5] The realm of Clio-epidemiology using historical data (after Clio, the dream of history), it portrays the act of contemplating data from past plagues for exhortation about the present, It might be that this motivation has been dropped by a more noteworthy drive, to leave the fear of the past behind. [9]

Most virologists, thusly, accept that it is unavoidable that we will involvement with least one pandemic in this century, and likely more. Nonetheless, if a pandemic were to strike, almost certainly, the antibody would not be accessible for in any event 4–6 months. Antivirals, if reasonable against the pandemic strain, would presumably likewise be hard to come by. Very few of these measures can be applied at a pandemic scale, in

which a large portion of the number of inhabitants on the planet would almost certainly be contaminated throughout a year or more. We would be left with "nonpharmaceutical intercessions," to fight off the most exceedingly terrible impacts of a pandemic until a vaccination could be made and broadly controlled. [6]

Outside pharmaceutical mediation, non-pharmaceutical intervention (NPIs) assume a significant in deferring the principal wave, diminishing its zenith the spreading of new influenza cases across time [4]

NPIs incorporate more activities than simply "self-isolation" (SI), for example, isolating tainted individuals, the end of schools, working environments, and fringes: the cleaning of surfaces; handwashing, etc [6]

Regardless of the troubles, nonpharmaceutical interventions can satisfy life-saving goals. Spreading out the pinnacle of ailment over a more extended timeframe could diminish the weight on social insurance organizations and basic administrations. The principle goal of nonpharmaceutical mediations is decline the effect of the pandemic however much as could reasonably be expected until a vaccination could be made and managed. All things considered, individuals may be all the more ready to acknowledge these insurances for a while, realizing that inevitably, the limitations would end. Expectation is a solid affectation. [6]

Lockdown, Self-Isolation Policies

Research has conducted on examining the exercises emerging from home confinement for detainees regarding illuminating New Zealand reactions to social removing non-pharmaceutical intercessions (NPIs) in 2008 to understand utilizing natural

experiment gain from 1918 influenza. [9] Both the “World Health Organization” and “Center for Disease Control” have perceived social separating as the most effective approach to hinder the spread of the novel coronavirus. [10]

Public compliances to Lockdown

Several theories explain social behaviors. Social science hypothesis and examination give a viewpoint to understanding the components adding to individuals' conduct. Thus, the more we think about some random conduct, the more we can do to impact and change the conduct. Mediations to reinforce the readiness to adhere to SI directions have opportune importance for the counteraction and control of pandemic hazard. [4]

However, the variables associated with self-isolation i.e. lockdown should not be neglected, and it is essential to research which factors will support people to choose self-isolation. Surveys were led among grown-ups matured ≥ 18 years in New York City and Los Angeles, and extensively over the United States from May 5–12, 2020. Most respondents in the three companions bolstered stay-at-home requests and unimportant business terminations, consistently or regularly wearing material face covers in open zones and accepted that their state's limitations were the correct equalization or not prohibitive enough. [2]

In another study from the US and Australia has 5573 total respondents show, Public consistence with rigid isolate and stay-at-home strategies was exceptionally high, in both profoundly influenced (US, NY) and negligibly influenced districts (AU, LA). In spite of the broad interruption of respondents' carries on with, most by far upheld the continuation of long haul government-forced stay-

at-home requests. These discoveries have significant ramifications for policymakers wrestling with the choice concerning when to lift limitations. [3]

Concomitantly, studies have demonstrated that the capacity to conform to a self-detachment period relies upon the social condition and artistic habilitation of the individual without question. [5] Which gives more precision that Intermittent appraisals of open perspectives, practices, and convictions can manage proof based general wellbeing dynamic and related counteraction informing about alleviation methodologies required as the COVID-19 pandemic advances.. [2]

As of late the Italian government presented social segregation measures with a period limit ,moving cutoff times of lockdown is the purported "objective slope" impact: the farther one is to an objective, the more averse to apply exertion to accomplish it. In the specific instance of the coronavirus episode, moving the goal line of when the disengagement estimates will be lifted may prompt dissatisfaction if the open starts to accept that the objective is out of reach. That is the reason the period of lockdown is a significant factor. [11]

Conceptual Model

(1) A organizer model of lockdown control

A changed form of the SIR model as portrayed in Atkeson (2020). Operators can be partitioned between those vulnerable to be "Suspected" $S(t)$, those "Infected" $I(t)$, and that recovered $R(t)$, for example

$$N(t) = S(t) + I(t) +$$

$R(t)$

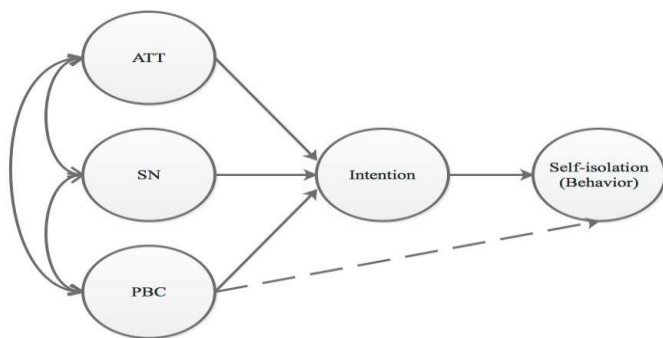
Typically, in this epidemiological model, securing a piece of the populace, while financially exorbitant,

can be extremely amazing to lessen the rate at which helpless operators become contaminated.

Subsequently, diminishing the quantity of contacts of each diminishes the new diseases. [1]

(2) Conceptual model of self-isolation

The theory of planned behavior (TPB) is an intellectual hypothesis that gives a valuable structure to anticipating and recognizing wellbeing related practices, which are typically found to foresee social goals with a serious extent of precision. The TPB suggests that the individual is impacted by three components: Attitudes toward the



conduct (ATT), abstract standards as for the conduct (SN), and saw authority over the conduct (PBC). [4]

Figure 1. Theoretical Model. ATT, perspectives toward the behavior; SN, abstract standards as for the behavior; PBC, saw authority over the behavior

(3) “Susceptible-Infected-Susceptible” SIS MODEL

Complementary study stemming from data analysis an altered form of the SIS pandemic model that considers isolate and detachment works on as indicated by a self-consistence with the clinical solicitations. For every individual, their connections are categorized as associates and individuals from a similar family unit. The model is utilized to follow the geography of system develops considering a likelihood that targets speaking to the isolate or confinement process in which the association with

colleagues gets disturbed by standard approaches of control of pestilences. [5]

(4) “Susceptible-Exposed-Infectious-Removed” (SEIR) model

A movement organize based stochastic "susceptible-exposed-infectious-removed"(SEIR) model was worked to reproduce the spread of flu between and inside all prefecture-level urban communities. [7]

The Spanish flu pandemic in 1918–1919 was extraordinary in its lethality and the various influxes of the plague seen in numerous urban communities. San Francisco, St. Louis, Milwaukee, and Kansas City had the best mediations, decreasing transmission rates by up to 30–half, the examination likewise proposes that people responsively diminished their contact rates considering raised degrees of mortality during the pandemic.[8]

In recent, Populace development information on human portability across territory China were utilized to appraise the force of movement limitations and contact decreases. The examination assessed that there was a complete of 0.325 COVID-19 cases in terrain China as of February 29, 2020. Without NPIs, the amount of COVID-19 cases would most likely have shown a 67-crease increment. The early identification and disengagement of cases were evaluated to forestall more diseases yet coordinated NPIs would accomplish the most grounded and most quick impact. On the off chance that NPIs could have been led multi-week, fourteen days, or on the other hand three weeks sooner in China, cases could have been diminished by 66%, 86%, and 95%, independently, along with altogether decreasing the quantity of influenced zones. [7]

Research area:

Lockdown strategy to cope with COVID-19 Pandemic and the populace response to it.

Purpose of Study

To study the Attitude, Belief & Behavior pattern of people for obeying rules of lockdown.

Rationale of Study

COVID-19 Infections have differing capacities to taint individuals, it can go on to infect around 2.5 people. The "case casualty rate" (CFR), or danger of passing on from the coronavirus, is about 4.4%. Without treatment or an inoculation, halting most human contact is the most ideal approach to stop the spread of the contamination. If each infected person infects just two people, the size of the outbreak doubles quickly. It has been surely known that among different nations reacting to the Covid-19 episode, India upheld probably the strongest lockdown at an early phase of case growth.

In the United States, COVID-19 cases top 2,174,666—presently the greater part of any nation on the planet—and passing outperform 118,122. Nonetheless, without a national-level request like lockdown, Americans can in any case head out starting with one territory then onto the next—conceivably conveying COVID-19 from "red zones, for example, New York and Seattle to okay territories making progressively vulnerable circumstance. Interestingly, countries that had scourges first, for instance, China and South Korea, have chopped cases down altogether through sweeping testing and social expelling.

Method of reasoning is to guarantee that individuals with a genuine sickness can look for clinical consideration, and the individuals who are

irresistible however asymptomatic or have gentle disease don't give it to any other person.

Research Question

What is public attitude, behavior, and belief towards lockdown?

Objective of Study

To Identify Psychosocial Behavior of people towards lockdown strategy in pandemic.

METHODOLOGY**Study Design**

To evaluate public compliance with and support for recommended COVID-19 mitigation strategies i.e. lockdown, we collected primary data by cross-sectional surveys of nationally representative respondents. Surveys were administered to an online google Between 10 June to June 24 2020 (a two-week period), samples were drawn from regions with markedly different infection and death rates from COVID-19, including nationwide samples in India.

Survey Instruments

The surveys contained 15 questionnaire items, with each item requiring a response, and was designed to take approximately 15 minutes to complete. Respondents were required to self-report demographic characteristics and respond to questions about COVID-19 and mitigation strategies including compliance, priorities. The survey framed in two sections, the first section consists of age, gender, employment status, and current residing zone. The second section focuses on Attitude, behavior, and Belief. The survey data collected in the categorical variable form.

Sample Segment: Survey collected from Respondent above 18 years of age.

SURVEY QUESTIONNAIRE

Independent Variable

1. Age
 - 18-24
 - 25-34
 - 35-44
 - 45-54
 - 55-64
 - 65 and above
2. Gender
 - Male
 - Female
 - Others
3. Employment status
 - Unemployed
 - Retired
 - Employed
4. Which zone are you currently residing in?
 - Red,
 - Orange,
 - Green
 - Containment (Sealed)

Dependent Variable

ATTITUDE

5. Do you feel People are following a Lock-down strategy with whole rules and regulations?
 - Yes
 - No
6. If No, why are they not following Rules & Regulation of Lock-down?
 - Fear of losing a job,
 - Financial crises
 - Migrant
 - Essential job service,
 - Do not agree on The Policy/Mistrust on Government
 - Personal need such as non-essential work commitments,
 - To help a family member
 - To go to temple, dargah, church

7. Do you think, in view of individuals who disrupted the guidelines of lockdown have influenced the number of corona cases?

- Yes
- No

BEHAVIOR

8. Looking at them, do you likewise feel like to recapture your typical way of life as lockdown methodologies are not affecting people much?

- Yes
- No

9. To what extent, if at all have you personally followed the lockdown rules?

- Completely
- Nearly all the time
- Most of the time
- About half of the time
- Less than half the time
- Hardly any of the time
- Don't know

10. According to you taking precautions like Hand hygiene, and mask in the workplace, may reduce the risk of COVID-19?

- Yes
- No

BELIEF

11. Do you feel the Lock-down strategy is significant for handling COVID-19?

- Yes
- No

12. According to you, how challenging is the restriction of lockdown?

- More challenging,
- Moderately Challenging,
- Less Challenging

13. According to you, how is the government handling the crisis?

- Ministers had adapted well to changing scientific and other information
- The government is confused and inconsistent.

14. According to your expectation, the desired length of lockdown was

- Much Shorter
- Shorter
- As expected,
- Longer
- Much longer

15. Do you feel lockdown should continue further?

- Yes
- No

Variable description

Independent Variable: The variable that is steady and unaffected by different factors attempting to gauge. It consists of Socio-demographic information of respondents. We have incorporated Age, Gender, Employment Status, and the Zonal area associated with COVID-19 risk of the population. **Dependent Variable:** The variable that relies upon different elements that are estimated. As our study is concerned with population compliances towards lockdown strategy, we try to analyze with three-factor, i.e. Attitude, Behavior and Belief of respondents. These factors are relied upon to change because of exploratory control of the independent variable.

It is the presumed effect. Each variable is explained as below

1. **Attitude:** Attitude is a psychological build, a mental and emotional entity that inheres in or portrays a person. They are complex and are a gained state through experiences. We included categorical questions to know the respondent's frame of thought about how generally people are thinking about overall lockdown strategy, what are the reasons behind the breaking the rules of lockdown, and due to not following lockdown majors, is COVID-19 cases are increasing.
2. **Behavior:** Behavior is the actions and mannerisms made by individuals in conjunction with themselves or their environment. We asked respondents about how they follow the lockdown majors, do they follow precautionary majors. Do they feel like to regain their normal life looking at those, who are not following lockdown.

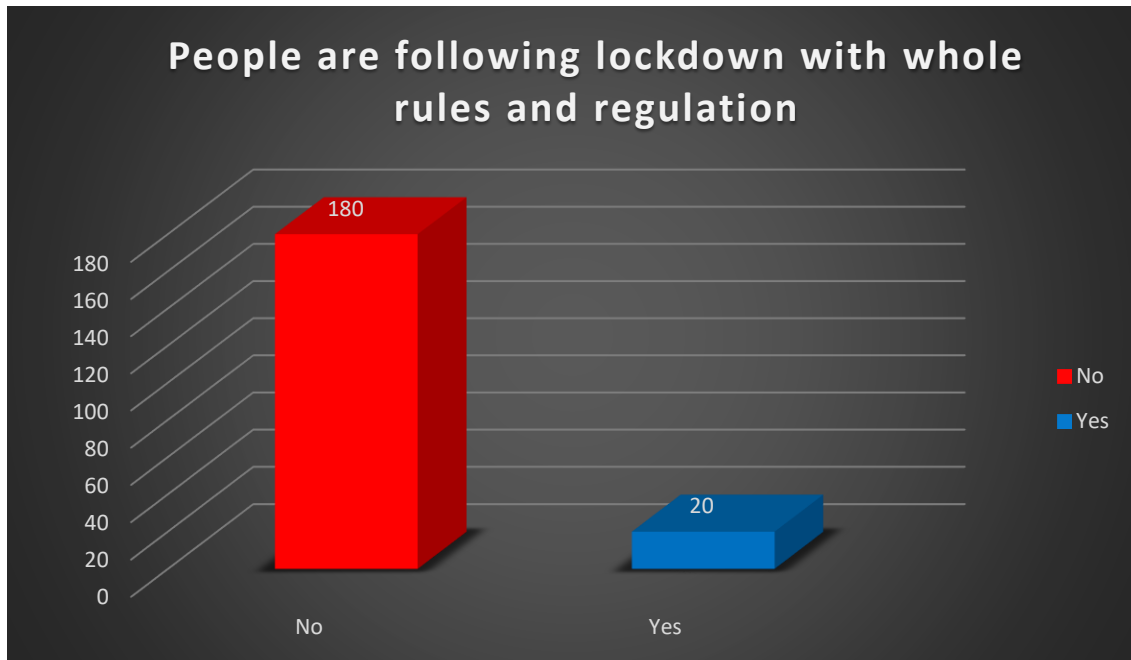
3. **Belief:** Belief a feeling of trust in the worth. To understand the respondent's trust towards lockdown majors and their belief over the government about tackling the pandemic crises.

RESULTS & DATA ANALYSIS

Questionnaire concerning the impacts of the "COVID-19" pandemic concentrated on "public attitudes, behaviors, and beliefs" with respect to remain at-home order, non-essential business terminations, and general wellbeing guidance. Measures of Dispersion (Mean, standard deviation, Max, Min) and "Chi-squared" test statistics (significance of " $\alpha = 0.05$ ") were processed to inspect contrasts between the overview partners and to analyze expected relationship between announced attributes (gender, age, work status, and residential zone). SPSS and Windows EXCEL were used to perform data collation and analyses.

Between June 17 and June 24, 2020, respondents completed 200 survey. Overall, 109(54%) were female and 91(46%) were male; the median age of respondents was 33 years (range, 18-65 and above). Cross-sectional aftereffects of COVID-19-relief consistence, open needs, and life sway for each example are accounted for by zonal wise. Around 21(10%) respondents in Containment (sealed) zone, maximum 123(63%) in Red zone, 28(14%) in Green zone and 25(13%).

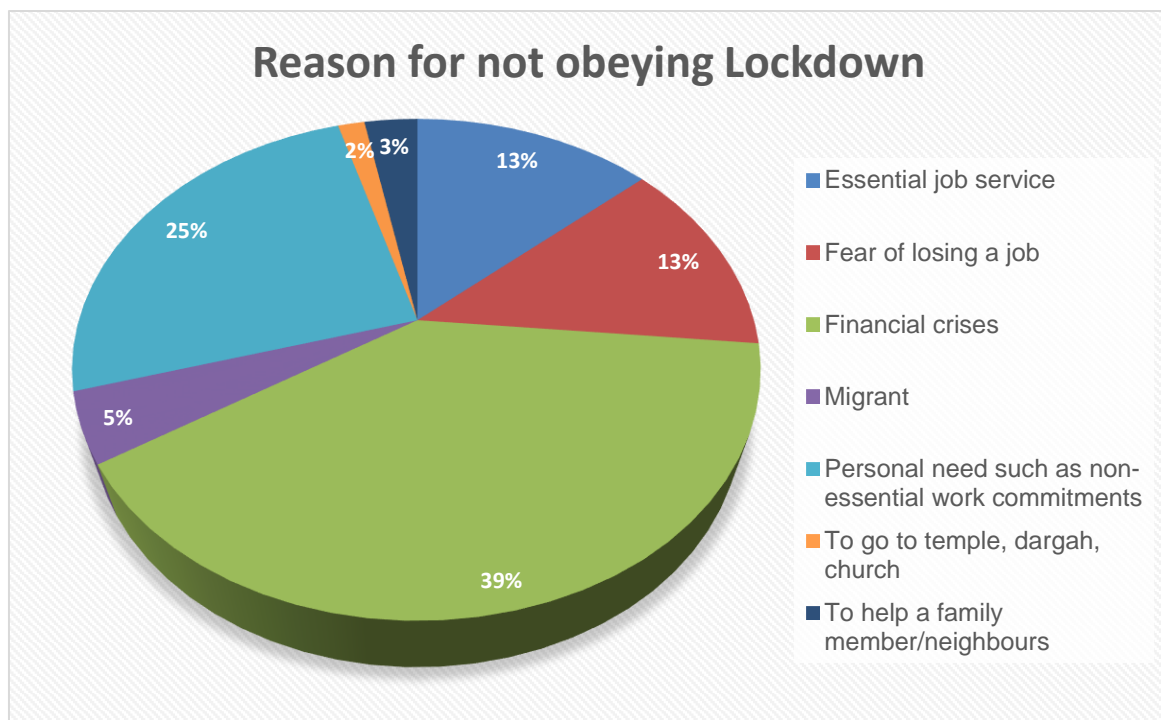
To understand the attitude of public towards Lockdown majors to combat the COVID-19 crisis, respondents have asked three question, according to them overall public are following lockdown majors, what is major reason for not following lockdown rules and regulation and do they feel like to regain the normal life as lockdown is not playing significant role in dealing with covid19.



Graph 1: According to Respondents, People are obeying lockdown majors implemented by Indian government.

According to 180 respondents said that people are not following lockdown with whole rules and regulations, while only 20 respondents said that people are following all rules and regulation of

lockdown which helps to reduce the corona virus cases.



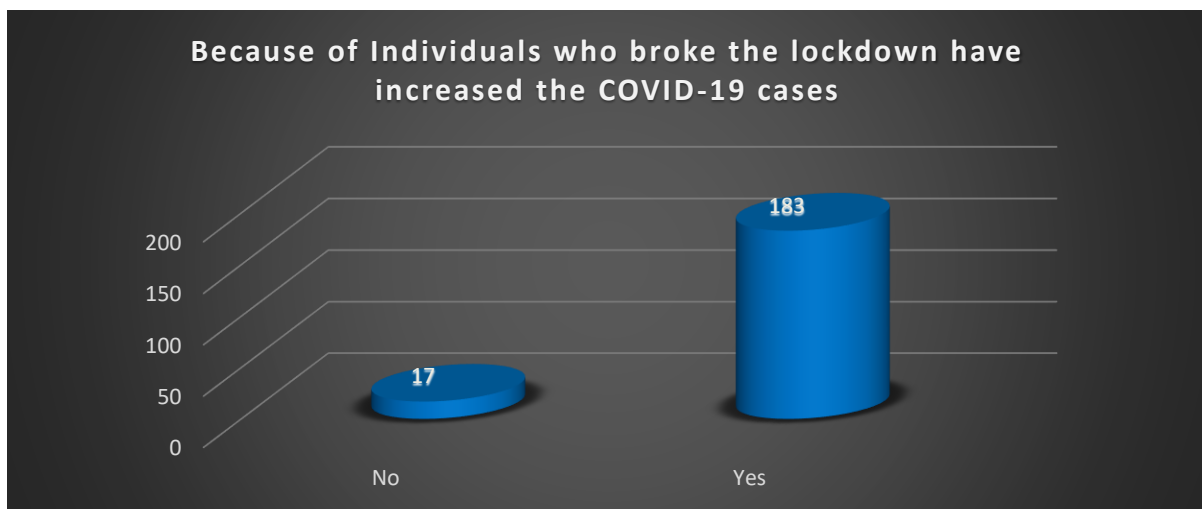
Graph 2: According to Respondents, Reason for not following lockdown majors implemented by Indian government.

We have reviewed literature found most reasoned for not following self-isolation containment zone, and same reason we asked from respondents.

Around 39% said the main reason for not following lockdown is financial crises. Across the board concerns incorporated the chance of a monetary

downturn and open-endedness of COVID-19 and alleviation measure [3]. The second highest reason is non-essential work commitments, 50(25%) people think that non-essential work is major reason due to which most public not follows lockdown. Followed by the reason of fear of losing job and essential job service, both accounts 26-27(13%) responses. 5% people think that, due to lockdown majors, many of employee have migrated to their hometown. 3% respondents think that public do not follow lockdown due to attempt religion

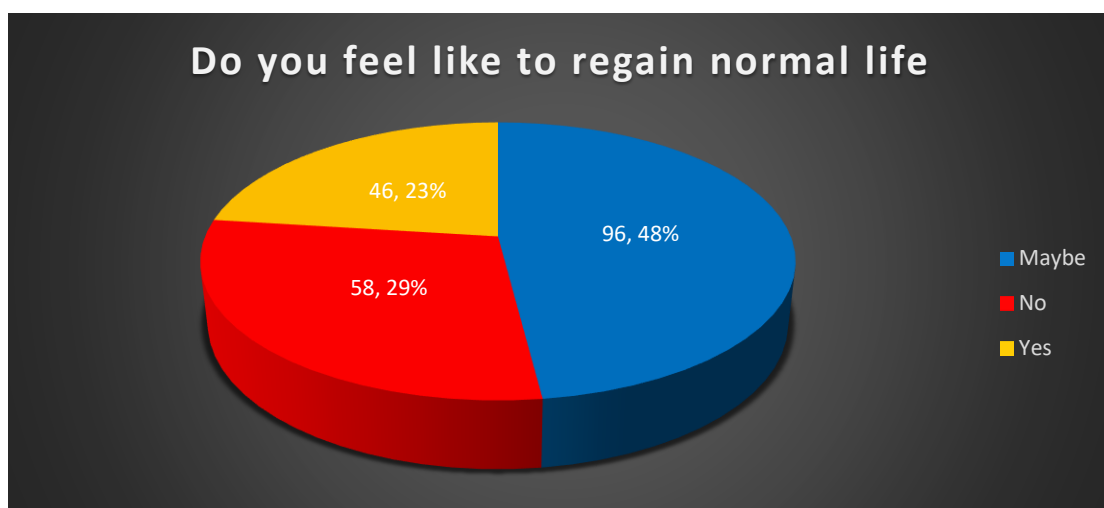
function like to go to temple, dargah, church. Be that as it may, such insensitivity isn't limited to any gathering or meeting in India. From none not exactly the well known sanctuaries, temples, associations, and occasion coordinators have been found to sneak around warnings and the new pandemic standards in places the nation over, uncovering hundreds. [12]. And 2% participants think that to help family members or neighbors is the reason for not following lockdown.



Graph 3: According to Respondents, is major reason of increasing COVID-19 cases due to those individuals who are not obeying lockdown rules.

Considering people’s attitude towards influencing case of COVID-19 across nation, we asked respondents, 183 respondents said that due to not following lockdown majors is the reason of

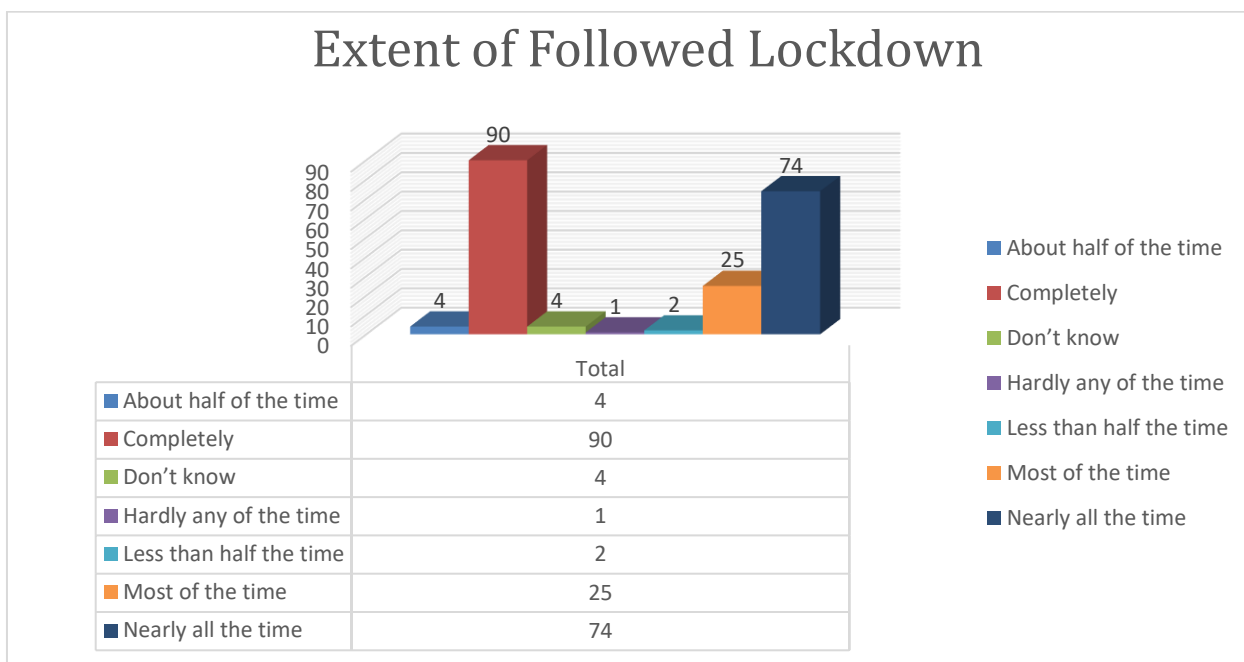
influencing peak of corona virus cases, while 17 respondents says it’s not the reason of increasing cases.



Graph 4: According to Respondents, looking at others, do they feel like to regain their normal life.

People have tendency of looking at others to follow it. We asked participant that do they also think like that way. “Social learning theory means that we do what we see”, “Jeffrey Cohen, PsyD”, a clinical analyst in the branch of psychiatry at Columbia University Irving Medical Center, tells Health. "Individuals change conduct when they comprehend for what reason to change behavior, how to change behavior, and when they see others demonstrating

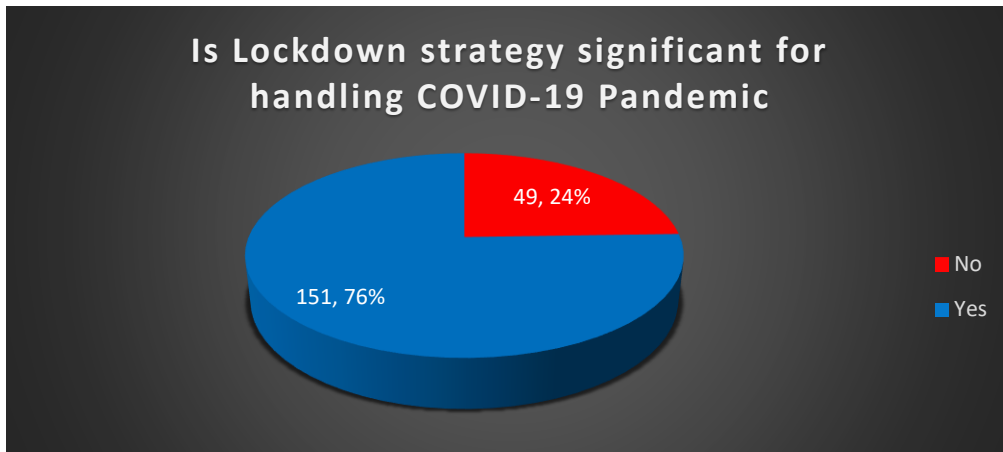
the new behavior.[13] Almost 96(48%) respondents thinks that maybe they can regain their normal life. While 58(29%) people completely against of not to follow other people and being remain in their house, and 46(23%) respondents said that, they surely wants to regain their normal life without following any lockdown majors.



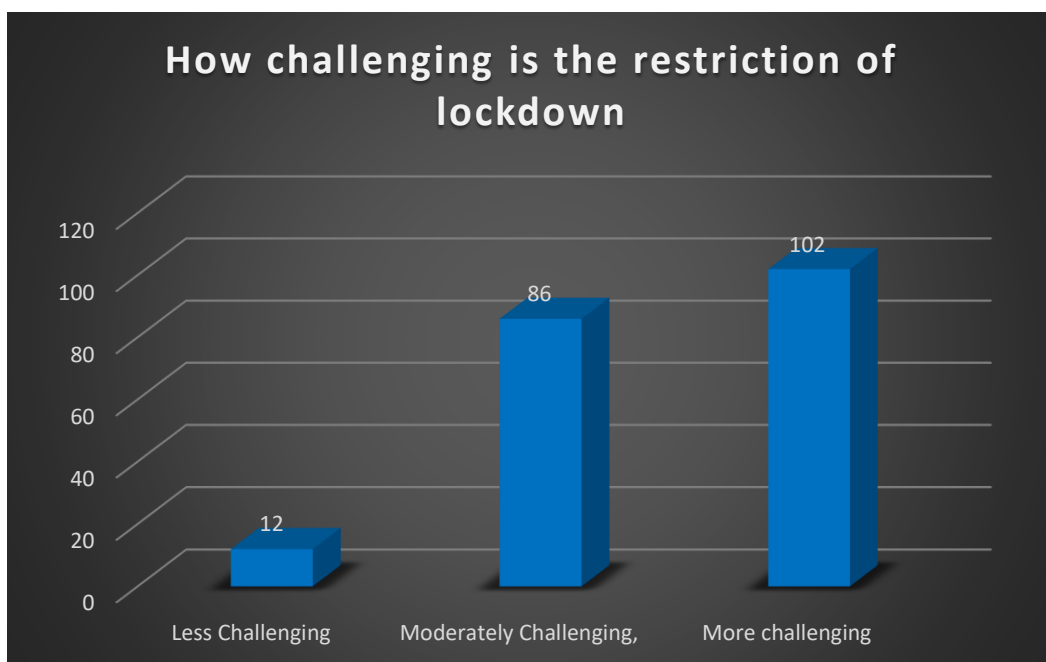
Graph 5: According to Respondents, with what extent they followed lockdown

Most people (90,45%) say they have "completely followed" the “government guidelines on leaving the house as little as possible” with another 37% saying they have complied nearly all the time. 12% people said they followed lockdown most of the

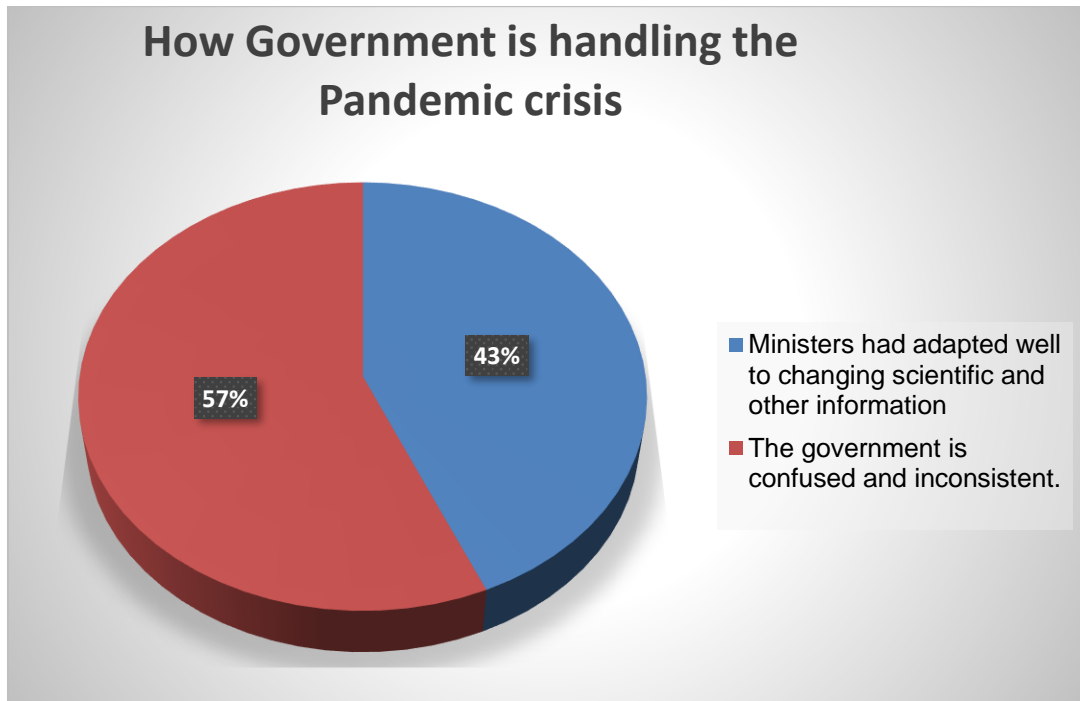
time. Only 1 person admit to ignoring the advice and 4 people were unaware about how much they followed lockdown.



Graph 6: According to Respondents, is lockdown strategy is significant for handling COVID-19 pandemic. According to survey, 76% were agree that the only lockdown is not the solution to fight against Lockdown is best strategy to combat COVID-19 by the pandemic. following social distancing, while 24% says that



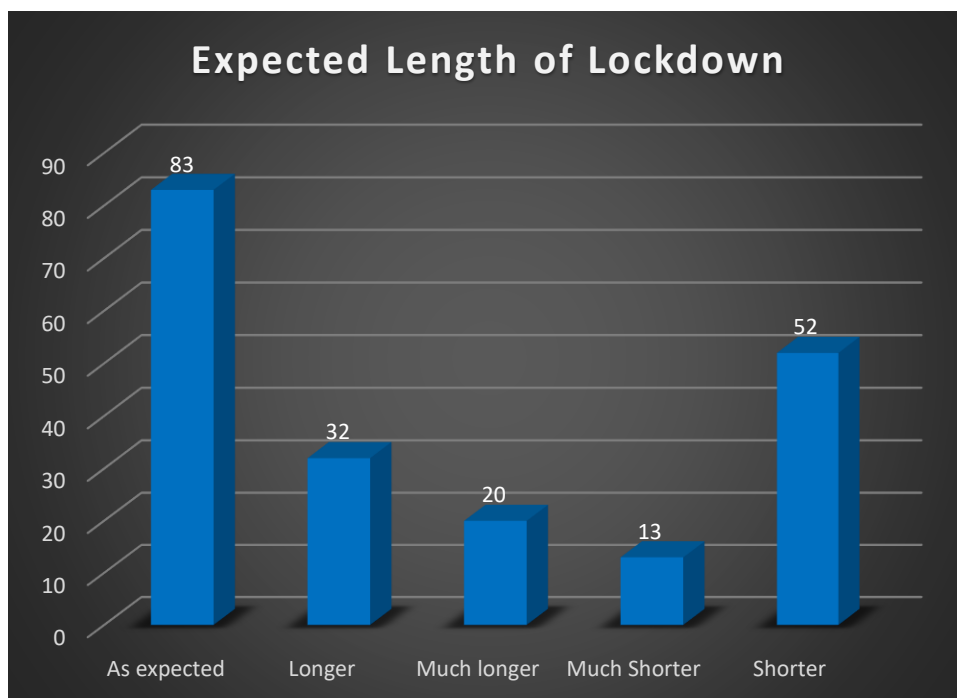
Graph 7: According to Respondents, how challenging is the restriction of lockdown they felt. The survey finds 51% (102) of the population already say they are finding the restrictions very challenging and another 43% (86) and 6%(12) say moderately and less challenging.



Graph 8: According to Respondents, how government is tackling the pandemic crisis

The survey also asked people about the government's handling of the crisis. While 43% of people thought ministers had adapted well to changing scientific and other information, 57%

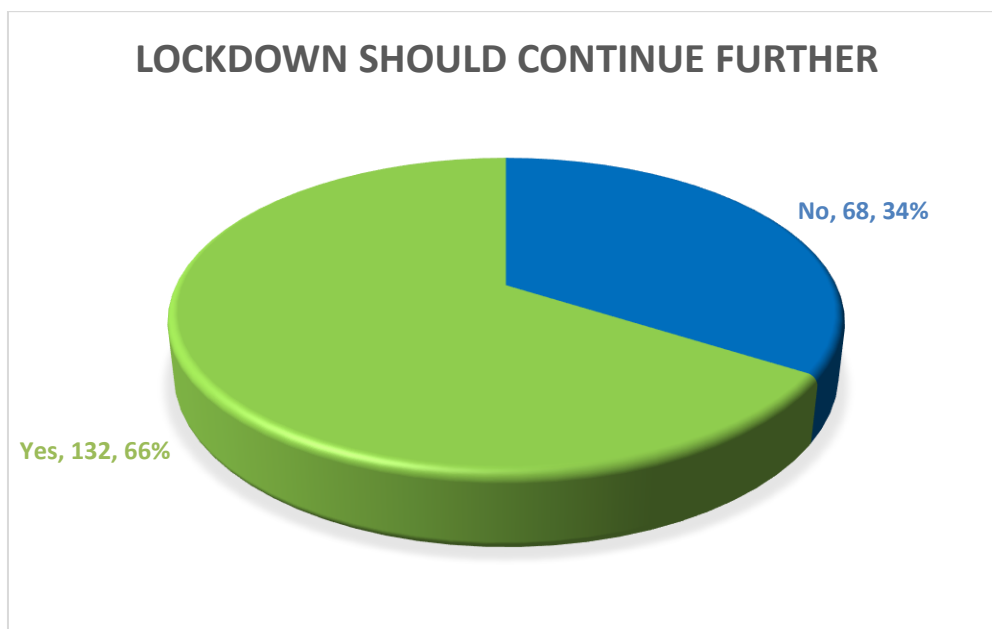
thought the response had been confused and inconsistent. "Mixed messaging around lockdown from people in authority decreases the probability that people will practice it".[13]



Graph 9: According to Respondents, expected length of Lockdown

Survey shows, majority 83 respondents says they found length of the lockdown as they expected, while 52 respondents felt the lockdown length were shorter. Next highest, 32 people said they found

lockdown longer. 20 respondents said they found lockdown much longer and 13 people says they felt lockdown much shorter.



Graph 10: According to Respondents, lockdown should continue further.

Survey stated that 66% people wants lockdown should extend further. The practically all out help for and consistence with the lockdown recommended in the overview will be an alleviation to government pastors. With the desire that the lockdown will

proceed for quite a while yet, it is significant for open request that individuals for the most part accept the measures are being trailed by others. While 34% people said that they do not want lockdown should get extend further.

Table2: Descriptive statistics of the variables of the participants, 109(54%) were female and 91(46%) were male.

In those respondents 49% were employed and 46% are unemployed and 5% are retired.

Variable	Observation	Mean	Std. Devi.	Max	Min
Age Group	200	32.42	12.05	65	18
Gender	200	0.55	0.49	1	0
Employment Status	200	0.61	0.735	2	0
Zone	200	1.38	0.896	3	0
People are following a Lock-down strategy	200	0.1	0.30	1	0
Why people are not following Lock-down?	200	1.45	1.65	6	0
Because of individuals who disrupted the lockdown have influenced the no. corona cases?	200	0.84	0.37	1	0

Looking at them, do you likewise feel like to regain your typical way of life	200	1.32	0.852	2	0
What extent you have follow lockdown	200	1.4	1.045	6	0
Taking precautions like Hand hygiene, and mask in the workplace, may reduce the risk of COVID-19	200	0.96	0.20	1	0
Lock-down strategy is significant for handling COVID-19?	200	0.60	0.50	1	0
How challenging is the restriction of lockdown?	200	0.55	0.608	2	0
How government handling the crisis	200	0.44	0.497	1	0
Expectation of length of lockdown	200	1.59	1.225	4	0
Lockdown should continue further.	200	0.56	0.507	1	0

TEST STATISTICS

Table 3: Statistics were calculated with Chi-squared test of independence & p-value is statistically significant ($p < 0.05$)”

Null Hypothesis Statement	Pearson Chi-square Value	P-Value	Decision (Accept/Reject)
• “There is no significant association between Gender and Attitude of people towards lockdown majors	4.716	.030	Reject Null Hypothesis”
• “There is no significant association between Gender and Behavior of people, following rules and regulation of	16.87	.010	Reject Null Hypothesis”

lockdown			
<ul style="list-style-type: none"> “There is no significant association between Gender and Belief of lockdown strategy significant for handling pandemic 	4.90	.027	Reject Null Hypothesis”
<ul style="list-style-type: none"> There is no significant association between Gender and Belief of people on government about handling crises” 	7.53	.006	Reject Null Hypothesis”
<ul style="list-style-type: none"> There is no significant association between Gender and Belief of people on continuation of lockdown” 	4.47	.034	Reject Null Hypothesis”

Table 4: Attitudes, behaviors, and beliefs related to lockdown mitigation of COVID-19		
Attitudes, Behaviors and, Beliefs	Gender	
	Male	Female
ATTITUDE		
Do you think, in view of individuals who broke the guidelines of lockdown have increased the number of COVID-19 cases?		
<ul style="list-style-type: none"> Yes 	79	104
<ul style="list-style-type: none"> No 	12	5
BEHAVIOR		
To what extent, if at all have you personally followed the lockdown rules?		
<ul style="list-style-type: none"> Completely 	30	60
<ul style="list-style-type: none"> Nearly all the time 	37	37
<ul style="list-style-type: none"> Most of the time 	14	11
<ul style="list-style-type: none"> About half of the time 	4	0
<ul style="list-style-type: none"> Less than half the time 	2	0
<ul style="list-style-type: none"> Hardly any of the time 	1	0
<ul style="list-style-type: none"> Don't know 	3	1
BELIEF		
Do you feel the Lock-down strategy is significant for handling COVID-19?		
<ul style="list-style-type: none"> Yes 	89	62
<ul style="list-style-type: none"> No 	20	29
According to you, how is the government handling the crisis?		
<ul style="list-style-type: none"> Ministers had adapted well to 	30	57

changing scientific and other information		
• The government is confused and inconsistent	61	52
Do you feel lockdown should continue further?		
• Yes	53	79
• No	38	30

DISCUSSION

There is Widespread support for stay-at-home orders, nonessential business terminations, and adherence to people's wellbeing suggestions to alleviate the spread of COVID-19. Most grown-ups detailed they would not have a sense of security if government-ordered community mitigation strategies, for example, stay-at-home requests and nonessential business terminations were lifted across the country at the time the survey was coordinated, yet a minority of these adults who didn't have a feeling that all is well with the world required these restrictions lifted regardless of the risks. People's consistency with severe isolate and stay-at-home approaches was high, in both profound containment and red zone and negligibly influenced locales like green zone. In spite of the expansive unsettling influence of respondents continues with, most by a wide margin-maintained continuation of long stretch government-forced stay-at-home demands.

There was a significant association between gender and feeling of restricted lockdown strategies, with male adults feeling more challenging than those females. Distinguishing varieties in public attitudes, behaviors, and beliefs by respondent qualities can illuminate custom-fitted informing and focused on nonpharmacological intercessions that may assist with reducing the spread of COVID-19. Across the

board, concerns incorporated the chance of an economic recession, and respondents have a dread of losing employment because of the open-endedness of COVID-19 and relief measures. Our discoveries show that presumptions with respect to the term of lockdown estimates impact the public's intention to comply. For instance, a higher level of respondents in the overview accomplice revealed wearing fabric face covers and self-disconnecting to decrease the spread of COVID-19. Our data permitted us to take a gander at the expressed social reactions of people who state to have just embraced various self-isolation measures, and the individuals who received just a predetermined number of activities.

LIMITATION

The discoveries in this report are subject to five restrictions.

- First, behaviors and adherence to proposition were self-declared; thus, reactions may be liable to survey, reaction, and social allure biases.
- Second, respondents' reactions were cross-sectional, excluding determinations about causality.
- Third, "respondents were not necessarily representative among all associate", surprisingly a lower percentage of age group 54-65 and above responded which pertains inclination.

- Fourth, test statistics consider only Gender as a demographic variable to find the significance with Attitude, Behavior & Belief.
- Finally, the online survey does not choose individuals using masses-based likelihood examining, and respondents probably won't be totally illustrative of the Indian populace, discoveries may have constrained generalizability.

CONCLUSION

Across the board support for community mitigation strategies and duty to COVID-19 general wellbeing, suggestions demonstrate that ensuring the wellbeing and controlling the sickness is open needs in the midst of this pandemic, in spite of the everyday life disturbance and unfriendly financial effects. Results from this study were helpful in forming the Community Mitigation Guidance i.e. lockdown since significant data was acquired about open worthiness and key open concerns and difficulties. These discoveries of high communal support may advise reviving arrangements and the courses of events and limitation levels of these alleviation procedures as comprehension of communal support for and adherence to these strategies' advances. Uninvented immunization, controlling COVID-19 relies on public remission procedures that require communal support to be adequate. As the pandemic rises and relief strategies evolve, understanding people's perspectives, practices, and convictions is basic. Adherence to suggestions to wear masks and self-isolation rules are of general wellbeing significance. Solid communal adherence for these practices recommends a chance to standardize safe practices and advance continued with usage and other endorsed personal protective practices to limit

the additionally spread of COVID-19. These discoveries and occasional appraisals of communal mentalities, practices, and convictions have significant ramifications for future arranging if ensuing episode waves happen and if extra times of extended lockdown endeavors are important to prevent the spread of COVID-19 and save lives. This extreme guide for policymakers wrestling with the choice regarding when to lift limitations.

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